

Level	Description of Level		Contact Info. for Player Groups
Beginner 2.0-2.5	New to pickleball, possibly still learning rules and scoring. Developing basic strokes (forehand, serve, etc...). Rallies will often be short, limited comfort with play at the NVZ.		
Experienced Beginner 2.5-3.0	Has played for some time, comfortable with scorekeeping and all basic rules. Developing backhand stroke, volleys, and dinks, while still working on overall shot consistency. Exhibits some ability to "read" the ball, and control the direction and pace of shots.		
Intermediate 3.0 - 3.5	Exhibits improved consistency with all core shots, including moderate control of direction and speed. Beginning to effectively use dinks and drops but may still struggle with when to use these shots. Knows basic strategy and court position, is working on improving on-court movement. Intermediate encompasses a wide range of skill level and play styles. Low Intermediate = 3.0, Intermediate = 3.5		<p style="text-align: center;">Intermediate Tom M tjmii14@gmail.com</p>
High Intermediate 3.6 - 3.9	Solid stroke consistency including ability to strike and return faster shots. Regularly uses drops and dinks to control the pace of the game. Many points are played at the NVZ. Familiar with pickleball strategy, usually in the correct court position, has solid court movement. Usually able to attack and put away weak shots. May have tournament experience at the 3.5 or higher level (or other objective rating substantiation, ie. DUPR)		<p style="text-align: center;">Women's High Intermediate Ruthie W roowentzel@gmail.com</p> <p style="text-align: center;">High Intermediate + Dave B brookshydro.david@gmail.com</p>
Advanced 4.0 +	Expects aggressive play. Excellent consistency on all shots, able to use power, spin and touch to control a rally. Able to sustain extended dink rallies. Highly experienced with pickleball strategy, consistently in the correct position, able to identify weaknesses and construct points accordingly. Any high or attackable balls will be aggressively put away. Will likely have solid tournament experience, including successful matches at the 4.0+ level (or other objective rating substantiation, ie. DUPR).		<p style="text-align: center;">Advanced and 3.75+ Ben G bengrantmmp-pb@yahoo.com</p>

Contact Information for President: John Coray president@midcoastmainepickleball.com
 Vice President: Rick Powell: vicepresident@midcoastmainepickleball.com



NEPTUNE COURTS SCHEDULE SUMMER 2026- AVAILABLE 9 AM-7PM ONLY



TIME SLOTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
9-12	BEGINNERS/ EXPERIENCED BEGINNERS (OPEN)	ADVANCED COORD: BEN G (SIGN UP REQ)	BEGINNERS/ EXPERIENCED BEGINNERS (OPEN)	EXPERIENCED BEGINNERS/ LOW INTERMEDIATES (OPEN)	LOW INTERMEDIATES 9-11 (OPEN)	LOW INTERMEDIATES 9-11 (OPEN)	WOMEN'S HIGH INTERMEDIATE COORD: RUTHIE W (SIGN UP REQ)	
12-3	LESSONS & CLINICS SIGN UP WITH INSTRUCTOR REQ.	LESSONS & CLINICS SIGN UP WITH INSTRUCTOR REQ.	OPEN PLAY/ SMALL GROUPS 12-2 PM	LESSONS & CLINICS SIGN UP WITH INSTRUCTOR REQ.	BEGINNERS/ EXPERIENCED BEGINNERS 11 AM-1 PM (OPEN)	BEGINNERS/ EXPERIENCED BEGINNERS 11 AM-1 PM (OPEN)	BEGINNERS/ EXPERIENCED BEGINNERS 12-2 PM (OPEN)	
3-5		LOW INTERMEDIATES (OPEN)	LESSONS & CLINICS SIGN UP WITH INSTRUCTOR REQ. 2-7PM	OPEN PLAY/ SMALL GROUPS	OPEN PLAY/ SMALL GROUPS 1-7PM <i>SHARE WITH BASKETBALL PLAYERS</i>	OPEN PLAY/ SMALL GROUPS 1-7PM <i>SHARE WITH BASKETBALL PLAYERS</i>	EXPERIENCED BEGINNERS/ LOW INTERMEDIATES 2-4 PM (OPEN)	
5-7		LESSONS & CLINICS SIGN UP WITH INSTRUCTOR REQ.		LESSONS & CLINICS SIGN UP WITH INSTRUCTOR REQ.				OPEN PLAY/ SMALL GROUPS 4-7 PM <i>SHARE WITH BASKETBALL PLAYERS</i>

"Small Groups" permits continuous play amongst a private group of players on a first come basis, no reservations; and only if there is court capacity available. In all cases, please be considerate toward other club members and residents waiting to access court time.

During the shared afternoon & evening time slots, basketball players may occupy one of the two pickleball courts. Please be understanding and courteous with respect to their use of the shared facility. Sessions marked as "Sign-Up Req." on the schedule typically have limited spots and require skill-level confirmation and pre-registration through the listed coordinator to participate.

PEGASUS COURTS SCHEDULE

SUMMER 2026- AVAILABLE 8 AM-SUNSET ONLY



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
TIME SLOTS	1 3 5	2 4 6	1 3 5	2 4 6	1 3 5	2 4 6	1 3 5	2 4 6	1 3 5	2 4 6	1 3 5	2 4 6	1 3 5	2 4 6
8-1	OPEN PLAY ALL LEVELS		OPEN PLAY ALL LEVELS		OPEN PLAY ALL LEVELS		OPEN PLAY ALL LEVELS		OPEN PLAY ALL LEVELS		OPEN PLAY ALL LEVELS		OPEN PLAY ALL LEVELS	
1-3	OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUP	INTERMED. ON 3+ COURTS COORD. TOM M (SIGN UP)	OPEN PLAY/ SMALL GROUPS 1-8 PM		OPEN PLAY/ SMALL GROUP	INTERMED. ON 3+ COURTS COORD. TOM M (SIGN UP)	OPEN PLAY/ SMALL GROUPS		INTERMEDIATE COORD. TOM M (SIGN UP)		INTERMEDIATE COORD. TOM M (SIGN UP)	
3-5	OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS 1-8 PM		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS		SPECIAL EVENTS (SIGN UP) OTHERWISE OPEN PLAY/ SMALL GROUPS 3-6 PM	
5-7	INTERMEDIATE COORD. TOM M (SIGN UP)		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS 1-8 PM		OPEN PLAY/ SMALL GROUPS		INTERMEDIATE COORD. TOM M (SIGN UP)		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS 6-8 PM	
7-8	OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS 1-8 PM		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS		OPEN PLAY/ SMALL GROUPS 6-8 PM	

"Small Groups" permits continuous play amongst a private group of players on a first come basis, no reservations; and only if there is court capacity available. Open Play has priority over Small Group play whenever court capacity is limited, for example when several players are waiting in an Open Play paddle line. Additionally, it is generally expected that a Small Group will use 2 courts or less except when other courts are empty. In all cases, please be considerate toward other club members waiting to access court time.

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MARC COURTS SCHEDULE

SUMMER 2026- JUNE 1- OCTOBER 30,2026 FOR MMP MEMBERS









	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
TIME SLOTS	3 & 4	5 & 6	3 & 4	5 & 6	3 & 4	5 & 6	3 & 4	5 & 6	3 & 4	5 & 6
8-10		INTERMEDIATE COORD. TOM M (SIGN UP REQ)	WOMEN'S HIGH INTERMEDIATE COORD: RUTHIE W (SIGN UP REQ)		INTERMEDIATE COORD. TOM M (SIGN UP REQ)		ADVANCED COORD: BEN G (SIGN UP REQ)		WOMEN'S HIGH INTERMEDIATE COORD: RUTHIE W (SIGN UP REQ)	
10-12	OPEN PLAY/ SMALL GROUPS	INTERMEDIATE & HIGH INTERMEDIATE (OPEN)	OPEN PLAY/ SMALL GROUPS	EXPERIENCED BEGINNERS /LOW INTERMEDIATE (OPEN)	WOMEN'S INTERMEDIATE & HIGH INTERMEDIATE (OPEN)	INTERMEDIATE & HIGH INTERMEDIATE (OPEN)	OPEN PLAY/ SMALL GROUPS	OPEN PLAY/ SMALL GROUPS	HIGH INTERMEDIATE + COORD: DAVE B (SIGN UP REQ)	
12-4										
4-6	OPEN PLAY/ SMALL GROUPS 4-5 PM		BEGINNERS /EXPERIENCED BEGINNER (OPEN)		OPEN PLAY/ SMALL GROUPS 4-5 PM		OPEN PLAY/ SMALL GROUPS 4-5 PM		OPEN PLAY/ SMALL GROUPS 4-5 PM	
6-8		HIGH INTERMEDIATE + 5-8 COORD: DAVE B (SIGN-UP REQ)			INTERMEDIATE 5-7 PM COORD. TOM M (SIGN UP REQ)			HIGH INTERMEDIATE + 5-8 COORD. DAVE B (SIGN-UP REQ)		ADVANCED & HIGH INTERMEDIATE+ 5-8PM BEN G (SIGN-UP REQ)
			WOMEN'S INTERMEDIATE & HIGH INTERMEDIATE (OPEN)	INTERMEDIATE & HIGH INTERMEDIATE (OPEN)	OPEN PLAY/ SMALL GROUPS 7-8 PM					

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MMP PICKLEBALL COURT SCHEDULE – SUMMER 2026

Level-specific Session Summary

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 BEGINNER	Neptune	9-12	—	9-12	—	11-1	11-1	12-2
	MARC	—	4-6	—	—	—	—	—
 EXPERIENCED BEGINNER	Neptune	9-12	—	9-12	9-12	11-1	11-1	12-4
	MARC	—	10-12, 4-6	—	—	—	—	—
 LOW INTERMEDIATE	Neptune	—	3-5	—	9-12	9-11	9-11	2-4
	MARC	—	10-12	—	—	—	—	—
 INTERMEDIATE	Pegasus	5-7 (Sign-up)	1-3 (Sign-up)	—	1-3 (Sign-up)	5-7 (Sign-up)	1-3 (Sign-up)	1-3 (Sign-up)
	MARC	8-10 (Sign-up)	6-8 (W. & Mixed)	8-10 (Sign-up) 10-12 (W. & Mixed) 5-7 (Sign-up)	—	—	—	—
 HIGH INTERMEDIATE	Neptune	—	—	—	—	—	—	9-12 (W., Sign-up)
	MARC	10-12 5-8 (Sign-up)	8-10 (W., Sign-up) 6-8 (W. & Mixed)	10-12 (W. & Mixed)	5-8 (Sign-up)	8-10 (W. Sign-up) 10-12 (Sign-up) 5-8 (Sign-up)	—	—
 ADVANCED	Neptune	—	9-12 (Sign-up)	—	—	—	—	—
	MARC	—	—	—	8-10 (Sign-up)	5-8 (Sign-up)	—	—

COLOR KEY – BY LEVEL

-  Beginner
-  Experienced Beginner
-  Low Intermediate
-  Intermediate
-  High Intermediate
-  Advanced

LOCATION KEY

- Neptune** – Neptune Pickleball Courts
- Pegasus** – Pegasus Pickleball Courts
- MARC** – MARC (Midcoast Athletic & Recreation Complex)



Sessions marked as “Sign-Up Req.” on the schedule require skill-level confirmation and pre-registration through the listed coordinator to participate.



“W” is used to indicate that a session is both skill-level & gender-specific; intended for Women only.



This summary page is provided for ease of reference only, in all cases the court-specific schedule is the controlling document and all members are encouraged to confirm the timing and sign-up requirements on the individual court specific schedule for any sessions of interest.